

# ST LUKES C OF E PRIMARY SCHOOL MENU 2021 - 2022

## WEEK ONE

MEAT FREE  
MONDAY

**Veggie Sausage** 

**Puff Pastry Sausage Roll** 

Creamed Potatoes • Broccoli & Carrots  
Homemade Chocolate Brownie



TUESDAY




**Traditional Roast Dinner**

**Quorn Fillet in Gravy** 

Boiled & Roasted Potatoes  
Cauliflower & Green Beans  
Fruity Cheesecake

WEDNESDAY

**Tasty Tortellini in a Tomato Sauce** 

**Rainbow Pizza with Wedges** 

Mixed Salad or Sweetcorn  
Rice Krispie Crunch



THURSDAY

**BBQ Pulled Pork** in a  
**Mini Yorkshire Pudding**

**Hearty Quorn Casserole** in a  
**Mini Yorkshire Pudding** 

Baby Potatoes • Carrots & Sweetcorn  
Shortbread

FRIDAY

**Traditional Fish & Chips**

**Homemade Cheesy Leek Slice & Chips** 

Baked Beans or Peas  
Bread & Butter  
Ice Cream & Fruit Salad



## WEEK TWO

MEAT FREE  
MONDAY

**Traffic Light Pizza** 

**Country Vegetable Nuggets** 

Jacket Wedges  
Mixed Salad or Sweetcorn  
Iced Chocolate Sponge



TUESDAY



**Krackin' Katsu Curry with Brown Rice** 

**Aromatic Chicken Tikka Masala with  
Brown & White Rice**

Broccoli & Carrots  
Handmade Cookies & Milkshake

WEDNESDAY

**All Day Breakfast Brunch**

**Breakfast Bap** 

Jelly & Fruit Salad

THURSDAY



**Traditional Roast Dinner**

**Southern Fried Style Fillet** 

Boiled & Roasted Potatoes  
Broccoli/Cauliflower & Carrots  
Raspberry Flapjack with Custard




FRIDAY

**Fish Fingers\* or Fishless Fingers** 

Chips  
Beans & Peas  
Ice Cream Tubs & Fruit Slices

## WEEK THREE

MEAT FREE  
MONDAY

**Rainbow Pizza with Potato Wedges** 

**Freshly Made Macaroni Cheese** 

Mixed Salad or Sweetcorn  
Mini Donut & Fruit



TUESDAY



**Mouthwatering Masala & Rice** 

**Chicken & Leek Pie**

Dry Roasted Potatoes  
Mixed Salad or Green Beans  
Jelly & Fruit Salad

WEDNESDAY

**Toad in the Hole with  
Mini Sausages or Veg Sausage** 

**Puff Pastry Sausage Roll** 

Creamed Potatoes • Green Beans & Carrots  
Iced Sponge & Custard

THURSDAY

**Cheesy Potato Pie** 

**Italian Style Meatballs in a Tomato Sauce** 

with **Wholemeal Spaghetti**

Mixed Salad or Green Beans  
Chocolate Muffins



FRIDAY

**Crispy Battered Dippers & Chips** 

**Traditional Fish & Chips**

Garden Peas or Baked Beans  
Bread & Butter  
Ice Cream Tubs & Fruit Slices

AVAILABLE DAILY:

Jacket Potatoes, Sandwiches,  
Wraps & Baps with various fillings

Freshly Made Bread, Salad Bar,  
Fresh Fruit or Fruit Salad,

Milk, Yoghurt,  
Cheese & Crackers

## MENU PRICING

All children in Reception, Year 1 and Year 2 can enjoy school meals for free.

Children in Years 3 and above may be able to claim free school meals\*.

To apply, contact your child's school or the Local Authority on **01902 554128** or email **freeschoolmeals@wolverhampton.gov.uk** for more information. Your child's school will let you know if and how much you will need to pay for school meals. Alternatively, please contact Jo Smith, Service Development Team Leader, on **01902 554283** or by email **jo.smith@wolverhampton.gov.uk**

\*eligibility criteria apply, visit **wolverhampton.gov.uk/freeschoolmeals** for more information

## LUNCHTIME THEME DATES

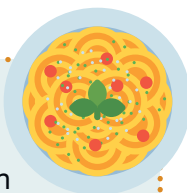
Theme days are a firm favourite with the children especially Christmas lunch where staff and pupils join together to enjoy some traditional Christmas fare.

Schools may choose their own theme days as well as favourites such as

### Bonfire Night

### Christmas Lunch

Please check with your child's school for further details.



## FOOD WELFARE

Catering Services Primary Menu has been given the Bronze Food for Life Award for the last 6 years. All meat products used on our menu are British Red Tractor or Farm Assured certified. We only use free range eggs. All fish on our menu is from sustainable stock.

## FOOD ALLERGIES

Some of our menu items contain allergens, including: Cereals containing Gluten, Milk, Eggs, Fish, Shellfish, Soya, Celery, Mustard, Sulphites, Sesame and Lupin. Peanuts and Nuts are also classed as allergens, but these are not used on our menu. Our professional and dedicated catering team are able to provide details of food allergens on request.

We are able to cater for medically diagnosed food allergies and intolerances by working closely with the dieticians at New Cross Hospital. This menu is provided to schools across Wolverhampton, however, some schools may request changes or provide an additional choice. For more information on allergies or special diets please visit:

**wolverhampton.gov.uk/catering** or contact Catering Services on **01902 555223** or **cateringcleaning@wolverhampton.gov.uk**

CITY OF  
WOLVERHAMPTON  
COUNCIL



Silver  
Until 2021



# ST LUKES C OF E PRIMARY SCHOOL

# MENU



## 2021 LUNCHTIME TERM DATES

WEEK ONE	WEEK TWO	WEEK THREE
30th Aug	6th Sept	13th Sept
20th Sept	27th Sept	4th Oct
11th Oct	18th Oct	1st Nov
8th Nov	15th Nov	22nd Nov
29th Nov	6th Dec	13th Dec

## 2022 LUNCHTIME TERM DATES

WEEK ONE	WEEK TWO	WEEK THREE
3rd Jan	10th Jan	17th Jan
24th Jan	31st Jan	7th Feb
14th Feb	28th Feb	7th Mar
14th Mar	21st Mar	28th Mar
4th Apr	25th Apr	2nd May
9th May	16th May	23rd May
6th June	13th June	20th June
27th June	4th July	11th July
18th July		

Provided by Catering Services  
City of Wolverhampton Council