

Dance	Gymnastics	Games	Athletics	OAA	HEALTHY ACTIVE LIFESTYLE
<p>I can improvise freely on my own and with a partner</p> <p>I can translate ideas from a variety of stimuli into movement</p> <p>I can vary dynamics, levels, speed & direction</p> <p>I can use dance vocabulary to compare and improve my work</p> <p>I understand working safely</p> <p>I recognise changes in my body and I can give reasons why PE is good for my health</p>	<p>I can copy, remember, explore and repeat simple actions, and link and vary ideas with control and coordination</p> <p>I can apply compositional ideas to sequences alone and with others</p> <p>I can adapt a sequence to include different levels, speeds or directions</p> <p>I can describe my own and others work noting similarities and differences</p> <p>I can make suggestions for improvements</p> <p>I understand working safely</p>	<p>I am beginning to influence opposed conditioned game</p> <p>I can control and catch a ball with movement</p> <p>I can accurately pass to someone else</p> <p>I can move with a ball</p> <p>I can talk about reasons for warming up / why exercise is good for health</p>	<p>I can run at a speed appropriate to the distance I am running</p> <p>I can take a running jump</p> <p>I can demonstrate a range of throwing actions using a variety of objects</p> <p>I can recognise a change in heart rate, temperature and breathing rate</p>	<p>I can use maps and diagrams to orientate around a course</p> <p>I can respond appropriately when the task/environment changes and plan responses</p>	<p>I recognise the importance of and lead a healthy lifestyle (balanced diet, water, limiting 'screen time')</p> <p>I take part in physical activity each day</p> <p>I understand the impact of physical activity and healthy lifestyles on my growth, development and well-being</p>
<p>Children exceeding Y3 expectations (working at mastery level)</p> <p>Child A Child B Child C</p>	<p>Children exceeding Y3 expectations (working at mastery level)</p> <p>Child A Child B Child D</p>	<p>Children exceeding Y3 expectations (working at mastery level)</p> <p>Child E Child F Child G</p>	<p>Children exceeding Y3 expectations (working at mastery level)</p>	<p>Children exceeding Y3 expectations (working at mastery level)</p>	<p>Ambassadors</p>
<p>Children working towards Y3 expectations</p> <p>Child S Child T</p>	<p>Children working towards Y3 expectations</p> <p>Child V Child Y</p>	<p>Children working towards Y3 expectations</p> <p>Child M Child R</p>	<p>Children working towards Y3 expectations</p>	<p>Children working towards Y3 expectations</p>	<p>Cause for Concern</p>